ASHWAGANDHA KSM-66 stress regeneration sleep well-being calm down emotional balance dietary supplement 120caps

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Ashwagandha KSM-66® 200 mg 120 capsules – high-quality withania soma root extract

Ashwagandha KSM-66® is one of the best-studied extracts from the root of the sombre plant (*Withania somnifera*). For centuries, this plant has been used in traditional Ayurveda as an adaptogen that supports the body in coping with everyday stress. Each capsule contains **200 mg of original KSM-66® extract**, standardized to **10 mg withanolides**. Package includes **120 capsules**, which is enough for up to **120 days of supplementation** with the recommended dose of 1 capsule per day.



Who is Ashwagandha KSM-66® intended for?

The supplement is recommended for people leading an intense lifestyle, exposed to daily stress, and all those who want to supplement their diet with high-quality ashwagandha extract. The product is also chosen by physically active people, mentally active people, students and people who care about a healthy lifestyle.

Why choose KSM-66®?

KSM-66® is a patented extract obtained exclusively from the root of the sombre plant, without the addition of leaves. Thanks to this, it maintains the natural profile of active ingredients. It is one of the most frequently used extracts in scientific research on ashwagandha and appreciated for its high quality and repeatability of production.



Natural support for the body

Ashwagandha is classified as an adaptogen, i.e. plants that support the body in adapting to everyday challenges. Regular supplementation can support the body's resistance to stress, help maintain well-being, support relaxation and proper sleep quality.

Concentration and daily activity

KSM-66® extract is eagerly chosen by professionally and physically active people. It can support concentration, mental performance and help maintain good body condition during an intense lifestyle.



How to use

Recommended consumption **1 capsule per day**with an appropriate amount of water, preferably during a meal.

Do not exceed the recommended daily dose of 1 capsule.

High quality and safety

The product was manufactured in accordance with quality systems **ISO 22000** and **HACCP**. The formula is suitable for vegans and does not contain artificial colors or preservatives. Each production batch is subject to quality control.

Contents

- **Product:** ASHWAGANDHA KSM-66
- **Type:** dietary supplement
- **Character:** vegan capsules
- **Contents:** 120 capsules
- **Packaging:** PET jar
- **Manufacturer:** ULTRASOFT GROUP
- **Content in 1 capsule:** 200 mg of KSM-66® extract
- **Standardization:** 10 mg withanolides
- **Recommended daily dose:** 1 capsule
- **Number of servings per package:** 120

Summary

Ashwagandha KSM-66® 200 mg is a high-quality dietary supplement containing the original extract from the root extract of the sombre plant. Thanks to the content **200 mg of KSM-66® extract and 10 mg of withanolides in each capsule** is a convenient solution for people looking for a proven adaptogen for daily supplementation. One package provides as much as **120 days of use**.



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